



To whom it may concern:

is hereby excused, on medical advice, from
the following:

- ☐ Acting her age
- ☐ Mondays
- ☐ Sixty candles
- ☐ Meetings that could have been emails
- ☐ Hosting every holiday since 1993
- ☐ Feeling guilty about resting
- ☐ Explaining anything to anyone
- ☐ _____

Duration: indefinitely. **Refills:** unlimited.

The Out-of-Office Doctor

PHYSICIAN

DATE

Write her name in, photograph it for the group chat and tape it to the fridge. From the book *Doctor's Orders: Happy 60th!*